

# Christian Heritage School

## Grades K-12

September 2021

Fresh Fruit &  
Fruit Juice, Milk, Water  
Available Daily



			<p>2</p> <p>Jerk Chicken Jasmine Rice Sauté Cabbage Fresh Fruit Choice Beverage</p>	<p>3</p> <p>Cheese Pizza Sauté Spinach Fresh Fruit Choice Beverage</p>
<p>6</p> <p><b>Labor Day</b></p>	<p>7</p> <p>Baked Mac n Cheese Honey Corn Bread Country Cabbage Fresh Fruit Choice Beverage</p>	<p>8</p> <p>B.BQ. Pulled Chicken Sandwich Confetti Rice Sauté Mushroom Fresh Fruit Choice Beverage</p>	<p>9</p> <p>Herb Pork Chops Red Potato Sauté Spinach Fresh Fruit Choice Beverage</p>	<p>10</p> <p>Pepperoni pizza Roasted vegetables Fresh Fruit Choice Beverage</p>
<p>13</p> <p>Bake Ziti Garlic bread Roasted Vegetable Fresh Fruit Choice Beverage</p>	<p>14</p> <p>Italian Meatloaf Roasted Yukon Potato Sweet Peas Fresh Fruit Choice Beverage</p>	<p>15</p> <p>Italian Sweet Sausage Grinder Gluten Free Chips Peppers / Onions Fresh Fruit Choice Beverage</p>	<p>16</p> <p>Herb Chicken Mashed potatoes Corn Fresh Fruit Choice Beverage</p>	<p>17</p> <p>Cheese pizza Stem Lemon Broccoli Fresh Fruit Choice Beverage</p>
<p>20</p> <p>Cheese Tortellini Alfredo Sauce Garlic Toast Sauté Spinach Fresh Fruit Choice Beverage</p>	<p>21</p> <p>Bake Chicken Red Herb Potato Italian Vegetable Fresh Fruit Choice Beverage</p>	<p>22</p> <p>Beef burrito Tomato Rice Mexican Corn Fresh Fruit Choice Beverage</p>	<p>23</p> <p>Chipotle Pork Loin Mashed Potato w/ Garlic Fresh Thyme Sauté Zucchini Fresh Fruit Choice Beverage</p>	<p>24</p> <p>Pizza Pizza w/ Cheese Sauté Mushrooms Fresh Fruit Choice Beverage</p>
<p>27</p> <p>Stuff Shells w/ Mozz Cheese Garlic Toast Grill Vegetable</p>	<p>28</p> <p>Turkey Taco's Yellow Rice Sweet Corn Fresh Fruit Choice Beverage</p>	<p>29</p> <p>Hot Dogs Bake Potato Chef Vegetable Fresh Fruit Choice Beverage</p>	<p>29</p> <p>Pasta Bar Alfredo Sauce / Meat Sauce French Bread Fresh Fruit Choice Beverage</p>	<p>Daily choices on salad bar Side Salads w/ Dressing Bagels – Cream Cheese</p>