

Christian Heritage School

December 2021



Fresh Fruit
Fruit Juice, Water,

		1	2	3
		Fish and Chips Tater Sauce Peas & carrots Assorted Beverages Fresh Fruit	Turkey Meatloaf Mashed Potato Sauté Vegetable Assorted Beverages Fresh Fruit	Pepperoni Cheese Pizza Sauté Garlic Mushrooms Assorted Beverages Fresh Fruit
6	7	8	9	10
Stuff Shells Top w/ Cheese Roasted Eggplant Assorted Beverages Fresh Fruit	BBQ Pulled Pork w/ Herb Baked Potato Roasted Mushrooms Assorted Beverages Fresh Fruit	Jamaican Jerk Chicken Brown Rice w/ Thyme Chef Blend Assorted Beverages Fresh Fruit	Beef Cheese Burgers French Fries BBQ. Baked Beans Assorted Beverages Fresh Fruit	Cheese Pizza Roasted Vegetables Assorted Beverages Fresh Fruit
13	14	15	16	17
Baked Manicotti Top w/ Cheese Sauté Vegetables Assorted Beverages Fresh Fruit	Kielbasa w/ Peppers / Onions Rice Pilaf Spinach	Penne Pasta Meat sauce Garlic bread Squash Assorted Beverages Fresh Fruit	Moroccan Chicken Saffron Rice Roasted Tomato Assorted Beverages Fresh Fruit	Bacon Cheese Pizza Sauté Spinach w/ Onions Fresh Fruit Assorted Beverages
20	21	22	23	24
Christmas Recess No School	Christmas Recess No School	Christmas Recess No School	Christmas Recess No School	Christmas Recess No School "Merry Christmas"
27	28	29	30	31
Christmas Recess No School	Christmas Recess No School	Christmas Recess No School	Christmas Recess No School	Christmas Recess No School